

The Ballet Academy Policy Number 00-0006

Policy Title: Student Dress Code Policy

Approved: 5/6/2019

Last Modified: 2/17/2019

## **Purpose**

The Ballet Academy (TBA) expects students to wear appropriate attire while in the dance studios for instruction. Appropriate attire helps TBA maintain a professional appearance and provides instructors a better ability to teach proper dance technique to students. This policy outlines the student dress code expectations while in a studio receiving dance instruction.

## **Policy**

### **A. Introductory Series**

1. Dancers shall wear easy to move in and somewhat form fitting leggings (rather than sweat pants) and bare feet.
2. Leotards are acceptable, but not required.
3. A small ruffle, shirt, or tutu is appropriate for this age.
4. Hair shall be secured away from the face so as to not distract the dancer, buns are not necessary.

### **B. Ballet Program**

1. Female dancers shall come to class in a clean, hole-free, solid color leotard and pink ballet tights (these are not the same as tights worn with clothing) and pink canvas ballet shoes, or pointe shoes as appropriate.
2. Male dancers shall come to class in clean, hole-free, solid color black tights and canvas ballet shoes.
3. Underwear is not appropriate under a leotard for dancers entering the technique-based program.
4. Male dancers may need to wear a dance belt for athletic support. As male dancers mature the dance belt goes from optional to a requirement (i.e. by the time the male student begins partnering work).
5. All dancers are required to wear a waist elastic.
6. Hair for all dancers should be secured away from the face.
7. Female dancers' hair shall be in a bun.
8. Jewelry of any sort is not permitted.

### **C. Modern Program**

1. Dancers shall come to class in clean, hole-free, solid color leotard and convertible ballet tights or leggings. Bike shorts over tights are also acceptable.
2. Hair for all dancers shall be secured away from the face, though not necessarily in a bun.
3. Jewelry of any sort is not permitted.

### **D. Adult Program**

1. A solid leotard and ballet tights are recommended, though generally left up to the dancer's mature discretion.
2. Adults are expected to wear appropriate attire as an example for school children and young adults.
3. Canvas ballet shoes are required.
4. Hair for all dancers shall be secured away from the face.
5. Jewelry of any sort is not permitted.

**E. Dress Code While Transitioning Into and Out of the Dance Studio**

1. Entering the Building
  - i. Dancers shall not come into the building with dance attire visible. Separate male and female dressing rooms are available within the building to change into dance attire prior to class starting. TBA desires to maintain a safe environment for all students and their families. A child entering the building with dance attire visible could put the child's safety at greater risk.
  - ii. Dancers are expected to be ready for class (including being changed into appropriate dance attire) on time.
2. Leaving the Building
  - i. Dancers shall not leave the building with dance attire from class visible. Separate male and female dressing rooms are available within the building to change into other appropriate clothing prior to leaving the building. TBA desires to maintain a safe environment for all students and their families. A child leaving the building with dance attire visible could put the child's safety at greater risk.

**F. Dress Code Questions**

1. Questions about the dress code shall be directed toward the Executive Director or class instructor.