THE BALLET ACADEMY

Excellence in Classical and Contemporary Dance

Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
A	B	C	A	B	C	A	B	C	A	B	C	A	B	C	A	B	C
Ballet 3/4 5:00-6:15	Hip-Hop 7y-11y 5:15-6:00		Ballet 1 5:00-6:00	Modern 2 5:00-6:00	Creative 5:30-6:00	Ballet 3/4 5:00-6:15	Dance Foundations 5:00-5:45		Ballet 2N 5:00-6:15	Modern 3 5:00-6:15	Beginning Ballet 5:00-6:00				COYB Company Warmup		
Adult Ballet 6:15-7:30	Hip-Hop 12+ 6:15-7:00		Modern 1 6:00-7:00	Intro 6:15-7:00	Beg Pointe 6:15-7:00	Pointe 1/2 6:15-7:00	Beg.Thtr. Jazz 6:00-6:45				Preschool 6:00-6:30						
				Ballet 2 7:00-8:15			Theater Jazz 7:00-8:00		Ballet 3/4 6:15-7:30	Ballet 1/2P 6:15-7:30							
										Barre Above Fitness 7:45-8:45	Pre- Pointe 7:30-8:15						

Introductory Series

Ballet/Pointe Technique

Modern Technique

Fitness